


Kempegowda Institute of Medical Sciences

Bangalore

First MBBS Foundation course Time table

August 2019

Time/ Date & Day	8-9 am	9-10 am	10-11 am	11- 11.15 am	11.15-12.15 pm	12.15-1.15 pm	1.15-2 pm	2-3 pm	3-4 pm	4-5 pm		
1-8-19 Thurs	Inauguration ending with white coat ceremony		Orientation 1 MBBS course & curriculum	T E A B R E A K	Orientation 2 Examination & Attendance – University rules & regulations	Orientation 3 Ragging & measures Role play & discussion	L U N C H	Orientation 4 Resources available at KIMS		Orientation 5 & 6 Ice Breaking session – Group activity		
2-8-19 Fri	Orientation 7 History of Medicine	Orientation 8, 9, 10 & 11 Interactive session Students expectations from Society, Nation, Institution, Teachers, Peers, Colleagues & Patients			⇒	Orientation 8, 9, 10 & 11 cont.. Interactive session Group activity & presentation by student groups for the above mentioned topics		Computer 1 Basic knowledge 1 Basic parts of a desktop computer, Hardware Vs Software, Logging on to the computer	Kannada 1 Introduction to the Language 1 Basic Vocabulary (greetings, Introduction, etiquette)	Sports 1		
3-8-19 Sat	Orientation 12 National Health priorities & Policies	Orientation 13, 14, 15 & 16 Interactive session Doctor's role in society – Expectations of society, profession & its members & patients & also roles & responsibilities of Doctors			⇒	Orientation 13, 14, 15 & 16 cont.. Interactive session Group activity & Presentation by student groups for the above mentioned topics		Computer 2 Basic knowledge 2 Identifying buttons, sockets, slots and computer ports Keyboard basics and using the mouse	Kannada 2 Introduction to the Language 2 Basic Vocabulary (relationships, food, time, cost, numbers, etc)	ECA 2		
4-8-19 Sun	Sunday - Holiday											
5-8-19 Mon	Orientation 17 Alternate health system in the country	Orientation 18 & 19 Interactive session Batch A -Visit to Ramanamaharshi School for Blind Batch B- KIMS Hospital orientation			⇒	Orientation 20 & 21 Interactive session Batch B -Visit to Ramanamaharshi School for Blind Batch A- KIMS Hospital orientation		Computer 3 Microsoft word 1 Starting Microsoft Word 2010 Creating & opening documents	English 3 Introduction to Grammar, Articles & Pronouns & sentence formation	Sports 3		
6-8-19 Tues	Orientation 22 Introduction to Medical ethics, Attitudes & Professionalism	Orientation 23 Health care system & its delivery	Orientation 24 Principles of primary care – General & community based			Orientation 25 General Vaccination		Orientation 26 Immunization requirements of health care professional	Computer 4 Microsoft word 2 Word 2010 Text Basics Checking spelling and grammar Formatting text, paragraph, Modifying page layout and printing	Kannada 4 Framing Sentences - 1 Interrogative sentences	Sports 4	
							B R E A K					

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7-8-19 Wed	Orientation 27 Documentation & Medical record	Orientation 28 Safety measures - handwashing	Orientation 29 Safety measures – Needle / scalpel stick injuries	T E A 	Orientation 30 Concept of Biosafety	Orientation 31 Biomaterial handling / Biomedical waste management	L U N C H B R E A K	Computer 5 Microsoft word 4 Student Activity Creating a Microsoft word document	Kannada 5 Framing Sentences- 2 Negative sentences	Sports 5
8-8-19 Thurs	Group dynamics – Presentation (Orientation 32 – 36) – Batch will be divided into 6 groups on 2 nd day of foundation course and topics will be allotted to them regarding health, general, learning etc. Group needs to prepare a presentation (any mode – PPT, roleplay, skit, debate, panel discussion, etc) This has to be presented on 8-8-19.				Group dynamics cont.. (Orientation 32 – 36) Logistics – 8 to 8.30 – Introduction 8.30 to 12.45 – Presentation of half an hour by each group (6 gps – 3 hrs) with 10 mins of discussion after each presentation (6 gps – 1 hr) 12.45 – 1.15 – summarise & wind up			Computer 6 Excel Basics 1 Creating and opening workbooks Worksheet basics (Naming worksheets, Adjusting rows and columns)	English 6 Tenses	ECA 6
9-8-19 Fri	Skill module 1 English language usage skills	Skill module 2 Local language usage skills	Skill module 3 Computer using skills - 1	B R E A K	Skill module 4 Computer using skills - 2	Skill module 5 Skill of using information technology and online resources of learning	Computer 7 Excel Basics 2 Cell Basics Entering data Formatting cells Selecting range and Sorting Data	English 7 Subject & Verb Agreement	Sports 7	
10-8-19 Sat	Skill module 6 & 7 Study skills		Skill module 8 Time management skills		Skill module 9 & 10 Stress management skills Role play & Discussion		Computer 8 Excel Basics 3 Working with Basic functions Using Autosum Writing formula in the formula bar	Kannada 8 Framing Sentences 3 -Disjunctive constructions (either or)	ECA 8	
11-8-19 Sun	Sunday - Holiday									
12-8-19 Mon	Bakrid - Holiday									

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13-8-19 Tues	AETCOM 1 Introduction to Bioethics	AETCOM 2 History of principles of ethics	AETCOM 3 Equality, Equity & Justice	T E A	AETCOM 4 Human dignity & Human rights	AETCOM 5 Autonomy, Individual responsibility, Benefit & harm	L U N C H	Computer 9 Excel Basics 4 Creating graphs using data Printing Excel documents	Kannada 9 Framing Sentences 4 Affirmative Sentences	Sports 9
14-8-19 Wed	Skill module 11 & 12 Interpersonal relationship & communication skills Case Scenarios		Skill module 13 Skill of dealing with peer pressure		Skill module 14 & 15 Skill of communicating with patients & their families Case Scenarios			Computer 10 Excel Basics 5 Student Activity Creating an Excel worksheet	English 10 Art of Questioning	ECA 10
15-8-19 Thurs	Independence Day – Flag hoisting ceremony				& celebration					
16-8-19 Fri	Skill module 16 Learning pedagogy skill	Skill module 17 Skill of Self directed learning	Skill module 18 Community based learning skill	B R E A K	Skill module 19 Skill of peer assisted learning / group learning	Skill module 20 Skill of Assessment driven learning / Simulation based learning	B R E A K	Computer 11 Microsoft Power Point 1 Creating & opening a presentation Working with slides	English 11 Listening Skills Student Activity- Instructor gives a talk about a topic and students should jot down points	Sports 11
17-8-19 Sat	Skill module 21, 22 & 23 Skill of dealing with addiction Case Scenarios & Discussion				AETCOM 6 & 7 Medicolegal and ethical issues related to drugs and their abuse Case Scenarios & Discussion			Computer 12 Microsoft Power Point 2 Text Basics (Adding, adjusting, resizing, deleting)	Kannada 12 General Speaking in Kannada 1 Initiating a conversation	Sports 12
18-8-19 Sun	Sunday - Holiday									

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19-8-19 Mon	AETCOM 8 Moral development	AETCOM 9 Guidelines of Good Clinical Practice	AETCOM 10 Empathy with patients	T E A B R E A K	AETCOM 11 & 12 Professional conduct, Etiquette & Ethics – MCI regulations 2002		L U N C H B R E A K	Computer 13 Microsoft Power Point 3 Applying Themes Inserting items into presentation Custom Animation	Kannada 13 General Speaking in Kannada 2 Student Activity - Allotting a small topic & ask students to speak	Sports 13
20-8-19 Tues	AETCOM 13 Respect for cultural diversity & pluralism	AETCOM 14 & 15 Vulnerable population protection & Gender disparity Case Scenarios & Discussion			AETCOM 16 Non- discrimination & Non- stigmatization	AETCOM 17 Solidarity, Co- operation, Social responsibility & health		Computer 14 Microsoft Power Point 4 PowerPoint Etiquette (Limited text, Clear titles,etc) Play a Slide show	Kannada 14 General Speaking in Kannada 3 Student Activity Student – Student interaction	ECA 14
21-8-19 Wed	Skill module 24 Skill of documentation & writing / maintaining a log book	Skill module 25 Skill in giving feedback	AETCOM 18 Respect for other team members, working as a team & leadership Role play & Discussion		AETCOM 19 & 20 Professional boundaries between patients, colleagues & society Case Scenarios & Discussion			Computer 15 Microsoft Power Point 5 Student Activity Creating a PowerPoint Presentation	English 15 General Speaking in Kannada 4 Creating a scenario in the hospital and roleplay	Sports 15
22-8-19 Thurs	Skill module 26, 27 , 28 & 29 - Interactive session Skill to search, analyse & critically evaluate medical literature (6 diseases allotted to 6 gps. SDL and presentation) Topics are given 2 days before. 20 mins presentation by each gp followed by 10 mins discussion				Skill module 26, 27, 28 & 29 cont.... First half an hr – introduction & last half an hour- summary	AETCOM 21 Conflict of interest		Computer 16 Using e Mail 1 Creating an Email account	English 16 Indianisms & Expressions	Sports 16
23-8-19 Fri	AETCOM 22 Informed & written consent, Privacy & confidentiality	AETCOM 23 Truth telling in clinical practice	AETCOM 24 Organ transplantation		AETCOM 25 Body donation	AETCOM 26 Respect for cadaver Interactive session		Computer 17 Using e Mail 2 Creating & sending an email, Replying to an email	English 17 Art of Self Introduction	ECA 17
24-8-19 Sat	Skill module 30 Knowledge of national & regional health progs & policies for disease prevention	AETCOM 27 Drugs & Cosmetics Act	AETCOM 28 Biopharma ethics – Drug discovery, development & commercialization bioethics		AETCOM 29 & 30 Ethics in research involving animals & CPCSEA guidelines Interactive session			Computer 18 Using e Mail 3 Working with attachments Using the Gmail	Kannada 18 Communication with Patients 1 History taking	Sports 18

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25-8-19 Sunday	Sunday - Holiday			T E A B R E A K			L U N C H B R E A K			
26-8-19 Mon	Skill module 31, 32, 33, 34, 35 Basic skill in managing medical emergencies & first Aid (Bleeding, RTA, dealing with snake bite, Giving CPR, Anaphylactic reaction, etc.)				Skill module 31, 32, 33, 34, 35 cont.. Student groups will be presenting the steps in management of above mentioned emergencies			Computer 19 Using Google Docs & Google Drive	Kannada 19 Communication with Patients 2 History taking	ECA 19
27-8-19 Tues	AETCOM 31 Health care as a right	AETCOM 32 Life on a machine	AETCOM 33 Dealing with death		AETCOM 34 & 35 End of life decision Case scenario & discussion			Computer 20 Internet usage 1 Identify commonly used browsers and search engines, Identify Address bar & enter a URL address, Identify a website & homepage	English 20 The Three V's of Communication & Five W's of Written Communication & writing an e-mail	Sports 20
28-8-19 Wed	AETCOM 36 Environmental ethics	AETCOM 37 Public health ethics	AETCOM 38 Reproductive rights & MTP Case scenario & discussion		AETCOM 39 Doctor's response to medical errors & its implications Case scenario & discussion	AETCOM 40 Consumer protection & doctor's indemnity insurance		Computer 21 Internet usage 2 Using internet for research - Helinet & E Journals	Kannada 21 Counselling patients & their attenders	Sports 21
29-8-19 Thurs	Batch A – Community Medicine Field Visit (8am to 5pm) Interaction with Health care team, Patients & Community				Skill module 36 & 37 Batch B- KIMS Hospital - Basic Life Support & Cardiac Life Support (8am to 1 pm) Video and Skill lab			Batch B - Immunization for TT and Hepatitis B at KIMS Hospital (2 to 4 pm)		
30-8-19 Fri	Batch B– Community Medicine Field Visit (8am to 5pm) Interaction with Health care team, Patients & Community				Skill module 36 & 37 Batch A- KIMS Hospital - Basic Life Support & Cardiac Life Support (8am to 1 pm) Video and Skill lab			Batch A - Immunization for TT and Hepatitis B at KIMS Hospital (2 to 4 pm)		
31-8-19 Sat	Talent show – Batch of 2019 – ECA 22 - 26 (8am to 1 pm)							-----		

KIMS, Bangalore Foundation Course

	Topic	No of hours suggested	No of hours implemented
1	Orientation	30	36
2	Skill modules	35	37
3	AETOM	40	40
4	Community Medicine field visit	8	8
5	Computer skills	40	42
	Language		
6	Sports & Extra curricular activity (ECA)(4+2 / week)	22	26
	Total	175	189